

# Opioid Overdose Awareness Training

RECOGNIZING PHYSICAL ATTRIBUTES OF AN OPIOID OVERDOSE AND HOW TO REACT.



To take the **full course**, scan the code:



## The SAVE ME Steps:



### Stimulate

*Check if they respond to noise or touch. Call 911 immediately.*



### Airway

*Tilt chin up, check their mouth and cheeks to see if their airway is blocked.*



### Ventilate

*CPR & Rescue Breathing. Give one breath every 5 seconds, for about two minutes.*



### Evaluate

- *Did I stimulate the person to wake them up?*
- *Did I confirm that their airway is clear?*
- *Did I give 2 minutes of ventilation breaths (rescue breaths)?*
- *Is the individual STILL unresponsive?*



### Medication

*Administer the Naloxone.*



### Evaluate

*Give another 2 minutes of rescue breathing. Naloxone takes effect in 3-5 minutes.*

*If the person does not become responsive, give a second dose of Naloxone and do another cycle of rescue breathing.*